### WELCOME TO THE

# Leading Through Conflict



### About...



### Kat Smithhammer



## Leading Through Conflict

Today we'll cover...

- How do you think of conflict?
- Offer A Conflict Definition
- Examine Thomas Kilmann Conflict Styles
- In breakouts: Develop Self-Awareness

You will need: paper, pen & phone could be helpful



### Conflict...

### What are the first words that come to mind?



### **Conflict Stats**

- 2.1 hrs. / week
- 70% critical skill



### • 54% of employees believe managers could do better



CONFLICT

Is the condition in which people's concern appear to be incompatible.

Kenneth Thomas

## 10 Questions – Forced Choice

Track your answers for the following...

Compete: # Accommodate: # Collaborate: # Avoid: # Compromise: #



## Accommodate: If the other person's position seems very important to him/her, I would try to meet his/her wishes.

**Compromise:** I try to get the other person to settle for a compromise.



## **Compete:** I try to show the other person the logic and benefits of my position.

**Accommodate:** When approaching negotiations, I try to be considerate of the other person's wishes.



# Accommodate: I try not to hurt the other person's feelings.

# **Collaborate:** I always share the problem with the other person so that we can work it out.



### Avoid: I try to avoid creating unpleasantness for myself.

## **Compete:** I try to win my position.



## **Compromise:** I propose a middle ground.

### **Compete:** I press to get my points made.



# **Avoid:** I sometimes avoid taking positions that would create controversy.

# **Compromise:** I will let the other person have some of his/her positions if he/she lets me have some of mine.



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# **Compromise:** I will let the other person have some of his/her positions if he/she lets me have some of mine.



## **Accommodate:** I might try to sooth the other's feelings and preserve our relationship.

**Avoid:** I try to do what is necessary to avoid tensions.



# **Collaborate:** I attempt to get all concerns and issues immediately out in the open.

# **Avoid:** I try to postpone the issue until I have had some time to think it over.



### **Collaborate:** I attempt to work through our differences.

**Compromise:** I try to find a fair combination of gains and losses for both of us.

ough our differences. Ination of gains

## Tally your answers

Compete: # Accommodate: # Collaborate: # Avoid: # Compromise: #





### Collaboration

### Accommodation





## In Breakout rooms discuss

- 1. Share the strengths of the style(s) you most tend towards
- 2. Share the pitfalls of style(s) you tend towards
- 3. What style do you tend to use when you're stressed?
- 4. Which style do you rarely use? How may this serve you?





### Collaboration

### Accommodation







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## Thank you for attending!

# PLEASE FILL OUT A SURVEY FOR THIS SESSION



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